

KICA-Depression:

I want to ask you some questions about how you are feeling within yourself:

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|---|----------------------------|
| 1. How are you feeling now? Good (happy)? No good? | <i>good</i> |
| <i>If no good, do you feel no good only sometimes.... all the time?</i> | <i>sometimes</i> |
| | <i>all the time</i> |
| 2. Do you worry about a lot of things? | <i>no</i> |
| <i>If yes, do you worry about things only sometimes.... all the time?</i> | <i>sometimes</i> |
| | <i>all the time</i> |
| 3. Do you still do things that make you happy?
(eg. go fishing, play cards, visit other people)? | <i>yes</i> |
| | <i>no</i> |
| 4. Do you feel grumpy (growling at people a lot)? | <i>no</i> |
| <i>If yes, do you feel grumpy sometimes ...all the time?</i> | <i>sometimes</i> |
| | <i>all the time</i> |
| 5. Do you feel lazy....slack? | <i>no</i> |
| <i>If yes, do you feel slack only sometimes....all the time?</i> | <i>sometimes</i> |
| | <i>all the time</i> |
| 6. Do you have a good sleep at night? Do you sleep all night? | <i>yes</i> |
| <i>If no, what makes you wake up?</i> | <i>pain, toilet, noise</i> |
| | <i>no reason</i> |
| 7. Are you sleeping too much during the daytime? | <i>no</i> |
| <i>If yes, are you sleeping too much only sometimes...all the time?</i> | <i>sometimes</i> |
| | <i>all the time</i> |
| 8. Are you eating well? | <i>yes</i> |
| <i>If no, do you not eat well sometimes.....all the time?</i> | <i>sometimes</i> |
| | <i>all the time</i> |
| 9. Do you forget things a lot? | <i>no</i> |
| <i>If yes, do you forget things sometimes..... all the time?</i> | <i>sometimes</i> |
| | <i>all the time</i> |
| 10. Do you reckon you are still thinking straight? | <i>yes</i> |
| <i>If no, do you have trouble thinking sometimes..... all the time?</i> | <i>sometimes</i> |
| | <i>all the time</i> |