

# VITAMIN D for MEMORY PROBLEMS

Are you 65 years of age or older and  
experiencing memory problems?

Do you lose things more, forget the names of people you have just met, or can't find the word you want to say more often?

Researchers from the WA Centre for Health & Aging based at Royal Perth Hospital are looking for volunteers aged 65 and above who are experiencing mild memory problems to help investigate the role of Vitamin D in memory and health outcomes.

Eligible participants would be invited to join a controlled trial of vitamin D supplements. Participation in this 18-month study would involve 6-monthly visits to Royal Perth Hospital to complete some memory tests, blood tests, and a physical assessment.

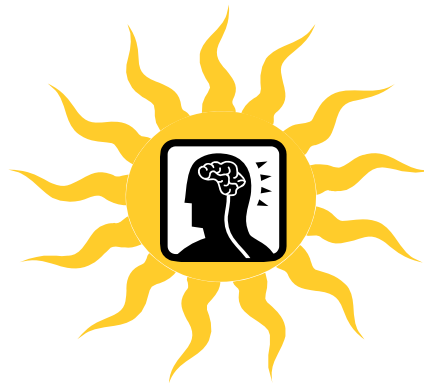
For further information, please contact

**Cheryl Ackoy**

**On 9224 2855**

8:30 am – 4:30 pm weekdays

And mention the “**VITA-D study**”



*A joint research project between Royal Perth Hospital and University of Western Australia  
Approved by the RPH Ethics Committee*