

Ageing not all doom and gloom: Healthy and Successful ageing

The first in the WA Centre for Health and Ageing 2008 seminar series



Professor Ingmar Skoog is a world-renowned expert in dementia and other mental health issues facing the ageing population.

Professor Skoog is the Director of the Neuropsychiatric Epidemiology Research group of Psychiatry at the Sahlgrenska University Hospital, Gothenburg, Sweden and has published extensively in this field.

The recipient of a growing number of prestigious awards, including the Zenith Fellows Award from the Alzheimer's Association and the Danish Strömngren prize in psychiatry, Professor Skoog is a World leader on issues related to mental health and ageing.

Prof Skoog's has shared his expert knowledge with global groups including The World Health Organisation, European Union, British Medical Research Council and the Harvard School of Public Health.

He has also been involved in the world's longest running population study and was the first to report on the link between vascular disease risk factors and dementia. Professor Skoog continues to explore vascular, genetic and hormonal factors linked to dementia and other mental health disorders in the ageing population.

Professor Skoog will share his research findings on vascular disease and dementia as part of the first of our 2008 seminar series, 'Ageing Not All Doom and Gloom: Healthy and Successful Ageing':

Date: Friday 28 March
Time: 1.30pm – 4.30pm
Venue: Bruce Hunt Lecture Theatre, Royal Perth Hospital
Refreshments will be provided.

RSVP: To reserve your seat, please email wacha@uwa.edu.au or call 9224 2993 by 21st March 2008.

Prof Ingmar Skoogs visit was made possible by a University of Western Australia grant

Symposium Schedule

- 13.30 – 13.50 **Professor Leon Flicker**
Introduction
- 13.50 – 14.50 **Professor Ingmar Skoog**
Director of the of the Neuropsychiatric Epidemiology Research group of Psychiatry at the Sahlgrenska University Hospital, Gothenburg, Sweden

Understanding the role of vascular disease and its impact on risk factors associated with dementia
- 14.50 – 15.20 Afternoon Tea
- 15.20 – 15.40 **Professor Osvaldo P. Almeida**
Director of Research Western Australian Centre for Health & Ageing and Professor and Chair of Geriatric Psychiatry at the University of Western Australia

Why do older people get blue?
- 15.40 – 16.00 **Professor Nicola Lautenschlager**
Professor of Old Age Psychiatry School of Psychiatry and Clinical Neurosciences at the University of Western Australia
WACHA Principal Investigator

Sharpening the mind: why do older people get forgetful and how can we stop it?
- 16.00 - 16.30 Closing Remarks

WACHA aims to excel in the creation of new knowledge through research and its translation into improved health for ageing Australians.